

**WHAT WE DO**1. We share our experience with anyone seeking help with a drinking problem, coming to A.A. from any source.2. We offer the A.A. program, set forth in our Twelve Steps, as a way to develop a satisfying life without alcohol.3. This program is discussed at our A.A. group meetings:a. Big Book/Open Discussion meetings - A section of the Big Book (usually a story) is read by the group, and then a discussion on that selection, and how it relates to us personally, takes place. We also discuss any aspect of A.A. recovery or any drinking-related problem that anyone brings up. b. Step & Traditions/Open Discussion meetings - A single Step or Tradition is read by the group, followed by a discussion of that selection. These are normally read in order, and lengthier ones may be split over two meetings at the discretion of the chairperson. We also discuss any aspect of A.A. recovery or any drinking-related problem that anyone brings up.c. Speaker/Open Discussion meetings - At speaker meetings, A.A. members "tell their stories." They describe their experiences with alcohol, how they came to A.A., and how their lives have changed as a result of A.A. Listeners share with the speaker how they related to his/her story. We also discuss any aspect of A.A. recovery or any drinking-related problem that anyone brings up.**WHAT WE DO NOT DO**1. Furnish initial motivation for alcoholics to recover2. Solicit members3. Keep attendance records or case histories4. Follow up or try to control our members5. Offer religious services6. Engage in education about alcohol7. Accept any money or contributions from non-A.A. sources8. Provide letters of reference to parole boards, lawyers, court officials**SINGLENES OF PURPOSE**All of our meetings are 'open' -- that is, alcoholics and non-alcoholics alike may attend. But only those with a drinking problem may become A.A. members. People with problems other than alcoholism are eligible for A.A. membership only if they have a drinking problem. Dr. Vincent Dole, a pioneer in methadone treatment for heroin addicts and for several years a trustee on the General Service Board of A.A., made the following statement: "The source of strength in A.A. is its single-mindedness. The mission of A.A. is to help alcoholics. A.A. limits what it is demanding of itself and its associates, and its success lies in its limited target. To believe that the process that is successful in one line guarantees success for another would be a very serious mistake." Consequently, we welcome the opportunity to share A.A. experience with those who would like to develop Twelve Step/Twelve Tradition programs for the nonalcoholic addict by using A.A. methods.**CONCLUSION**Our primary purpose is to carry our message of recovery to the alcoholic seeking help. Regardless of the road we follow, we all head for the same destination, recovery of the alcoholic person. AA promises no favors from the outside and no special treatment on the inside. AA is for *sobriety*. Together, we can do what none of us could accomplish alone. We can serve as a source of personal experience and be an ongoing support system for recovering alcoholics